



Curriculum Overview PE

Intent, Implementation and Impact

Intent:

At Park Hall Infant and Junior Academy, we aim to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills, which supports their life-long health and fitness. We aim to give children opportunities to take part in competitive sport, which will enable them to learn how to cooperate and collaborate with others, as part of a team. Through Physical Education, our aim is to build resilience and help to embed values of fairness and respect.

The aims of our PE curriculum are to develop pupils who:

- Have and maintain high levels physical fitness
- Are able to remain physically active for sustained periods of time
- Take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve and motivating and instilling excellent sporting attitudes in others
- Employ imagination and creativity in their techniques, tactics and choreography

Have a keen interest in PE - a willingness to participate eagerly in every lesson with highly positive attitudes and the ability to make informed choices about engaging fully in extra-curricular sport.

Implementation Whole School Overview	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Skills	Games	Handball	Tag Rugby	Handball	Tag Rugby	Handball	Tag Rugby
Autumn 2	Skills	Gymnastics (Movement and Development)	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics
Spring 1	Skills	Throwing and Catching	Dance	Dance	Dance	Dance	Dance	Dance
Spring 2	Skills	Ball Skills	Gymnastics	Gymnastics	Netball	Basketball	Netball	Basketball
Summer 1	Skills	Outdoor Physical Sports Day Skills	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
Summer 2	Skills	Working with others	Rounders	Cricket	Orienteering	Orienteering	Orienteering	Orienteering

Intended Impact:

At Park Hall Junior Academy, we ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of different sports and activities. Children are provided with the necessary skills to analyse their own and others performance and identify strengths and areas for improvement. Our children understand how to lead a healthy lifestyle and understand the benefits of regular exercise. We equip our children with the necessary skills and a love for sport, which becomes part of their future life outside of primary school. We know that good mental health is integral to pupils' development and for their progression throughout school in general. Extra-curricular activities such as lunchtime and after school clubs and competitions ensure all of our children have the opportunity to take part in a range of sports both in and outside of school. We share sporting achievements within school and on our Newsletter, so that we are celebrating all levels of success. By the end of Year 6, we aim to give all children the opportunity to learn to swim at least 25m and perform safe self-rescue in different water-based situations.

We measure the impact of our curriculum through the following methods:

- Asking the pupils about their learning (pupil voice)
- Recap or revisiting prior knowledge
- Half-termly assessment
- Verbal feedback during and after lessons.